

Welcome to Flip Notes Blog



Hey there – Flip here. I’m the Bird of Adventure, you’re pink-feathered guide. I roam the world collecting oddities, stories, shiny ideas, friends and delightful deviations. This site is my travel journal, podcast studio, and quirky merch-nest all rolled into one. And yes, the nest is where you’ll find quirky merch. Go to the nest when you are ready to feather your world with something fun.

Whether you’re dreaming of your next getaway, stopping by for a laugh, or hunting for a podcast that makes your commute feel like a mini-vacay, I’m thrilled you landed on my branch. Settle in – you’re just a flap away.



Why Flip Sez?

A Compass for Curious Living:

Flip Sez is your compass for curious living – pointing you toward challenging adventures and allowing you to grow beyond your every day expectations.

Celebrating adventure, excitement, and curious exploration, this is where imagination lifts off, new paths are forged, and travelers of all ages are invited to board the Vision Quest for a delightfully offbeat journey. Flip Sez seeks to inspire grown-ups and children to explore their world with curiosity, humor, and positivity.

You'll get to know Flip through smart, conversations, adventures, podcasts, and quirky merch. We encourage all to embrace the lighter and positive side of life, to stay curious, laugh often, and be kind to one another.



Join us aboard the Vision Quest – with Scotty at the helm and Flip narrating by his side – for a journey of meaningful exploration through stories, adventures, and thoughtful discoveries viewed with imagination, humor, and an open mind.

Flip, the Bird of Adventure

I travel, I explore, I ask big questions, and I tell even bigger stories. I'm curious, observant, and always on the go. I turn everyday moments into meaningful discoveries, helping folks to find humor, connection, and the wonderment that shapes our lives.

Around here, we travel boldly, laugh loudly, and question all the things worth questioning.



What's Next

This blog is the gathering place for Flip's Flock – a community of readers and listeners who follow Flip's journey and explore the world through his eyes. Here's what's ahead:

Behind-the-scenes peeks at my stories, my journey and how I came to be.

Explorations of places, animals, and people who inspire our tales. We'll also share early updates on upcoming adventures. Stretch your wings and let's boldly explore.

Check Ya' on the Flip Side

Thank you for joining the journey. Come along with me, the Bird of Adventure. The journey is brighter when we share it together.

Flip Sez

"You're never too young, nor too old to explore. Engage in adventures, embrace new experiences. The world has much to offer and kindness is the one souvenir



